



UPCOMING TALKS

All talks listed below (except the 6th Oct which is a Thursday talk) are on Friday afternoons starting at 1:30pm and ending at 3:00pm, with afternoon tea included.

Date:	Organisation:	Topic:
23rd Sep	Miranda Voke: Kaibosh	Discussing rescuing and redistributing food from cafes, supermarkets etc.
30th Sep	Jackie Goody: MIX	The approach they take to supporting people with mental health struggles.
6th Oct (Thurs)	Emily Cooney: Psychologist	Therapy techniques and different ways to help people.
7th Oct	Shona Sen: Workwise	How they support and help people who want to get back to working.
14th Oct	Diabetes NZ	What diabetes is and how they help people.
21st Oct	Steve Opie: Age Concern	Helping elderly people in our community.
28th Oct	Sarah: Pharmacist	Benefits of taking medication and ways pharmacies can help you.

These free talks are held at St Peter's Church Undercroft, 211 Willis Street. Everyone welcome!